

EXPLAINED

Student Guide / Week 3

HEAR

HEARING FROM GOD THROUGH HIS WORD

READ

Proverbs 2:1-5

Read the passage to yourself. You may even want to read it a few times more. As you read, think about:

- What are the two things these verses ask us to do?
- What does this Proverb suggest will happen if you do these things?

Then, answer the following questions:

What does this passage mean?

What does this passage mean for ME?

TALK

TALKING WITH OTHERS ABOUT OUR FAITH

Answer the following question on your sticky notes, then post them on the wall:

What are some ways to get to know God (other than reading the Bible)?

DISCUSS

1. Do you notice any similar answers?
2. Of the answers on the wall, which one(s) do you use most often?

As a group, brainstorm other ways to connect with God besides praying, listening to worship music, or reading the Bible. When you finish, write down a few activities that you would like to try on the sticky notes.

EXPLAINED

Student Guide / Week 3

PRAY

TALKING TO GOD

PRAY INDIVIDUALLY

Find a comfortable spot in the room. As music plays, spend a few minutes in prayer and getting to know God. Try using one of the following prayer postures to pray:

1. Kneeling (*this communicates a humility before God.*)
2. Hands raised above (*this communicates praise/gratitude/joy.*)
3. Open hands in front (*this communicates trust in God.*)
4. Sitting normally like in a conversation (*this communicates a level of familiarity or ease with God.*)

Some topics to focus on as you pray:

- What you know to be true about God
- His characteristics you know from the Scripture
- Stories you know about Jesus and how He treated everyone He interacted with
- What is a characteristic of God's that you want to know more about?
- What can you do to continue to grow in your relationship with Him?

LIVE

LIVING IN A WAY THAT HONORS GOD

Look over the activities you brainstormed in the TALK section, pick ONE and create a plan to spend time with God this week. (*Reach out to your Small Group Leader if you have trouble coming up with a plan or imagining how this could look in your life.*)

1. When picking Day/Activity, pick something that you know you would enjoy doing, and would fit in your schedule, so you are more likely to try it. Also, make sure that you have enough time to make it happen. (*Twenty minutes may be a good goal.*)
2. Put your sticky note somewhere in your room so you'll see it throughout the week. If you were able to hit your goal early in the week, try to pick an additional activity and see which one you like better!

Day:	The activity I chose to connect with God:	How it turned out: